

# Headband developed in Windaroo hailed for helping golf star Jason Day win the PGA Championship

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Jason Day of Australia celebrates with his caddie Colin Swatton on the 18th green after winning the 2015 PGA Championship. (Photo by Jamie Squire/Getty Images) \*\*\* BESTPIX \*\*\*

THE future success of professional golfers may well depend on an invention developed by a father and son duo from Windaroo.

The iFocusBand, created by Graham and Henry Boulton, is being called the “future of golf” by one well-known coach and has been attributed as one of the major reasons behind Jason Day’s PGA Championship triumph.

Day won his maiden Major tournament when he held off young gun Jordan Spieth on Monday morning Australian time. It was a major breakthrough for Day, who attended Hills International College at Jimboomba in 2003 and 2004.

Peak performance coach of Singapore golf and long-time associate of Jason Day and his family, Sean Lynch, says the band is one of the main reasons for his success.

“The band was developed five years ago and Jason has been using it quite extensively for the last 18 months,” Lynch said.

“I call it the future of golf and it’s been one of the best things for Jason’s golf.

“(Caddie and coach) Col Swatton is the best thing that’s happened to Jason’s golf but the band is not far behind.

“Jason uses it in a lot of his practice sessions and also 10 minutes before he goes onto the course for tournaments.

“Once you’re on the course, golf is all mental.”

Lynch said the band allowed psychological data to be analysed.

“The iFocusBand analyses the state of mind,” he said.

“You can look at the data and work out where the mind is at when the player is playing their best golf.

“As a coach you can say to a player that they are thinking too much or that there is something else.

“But this band validates that opinion. It’s like when a doctor diagnoses you with an issue but then you get an x-ray to confirm it.”

Lynch said Day was not the first high-level player to use it, and would not be the last.

“A lot of people are already using it and plenty more will,” Lynch said.

“I’ve been coaching for a long time but it’s getting to the point where I will not coach a player without them using the headband.”